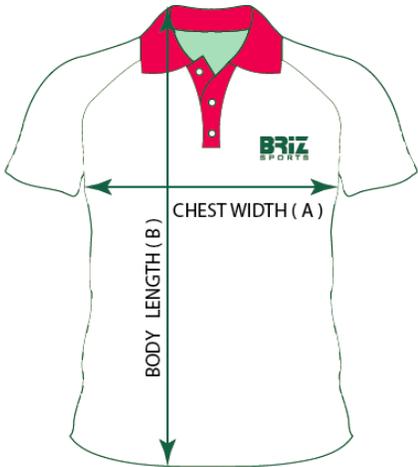
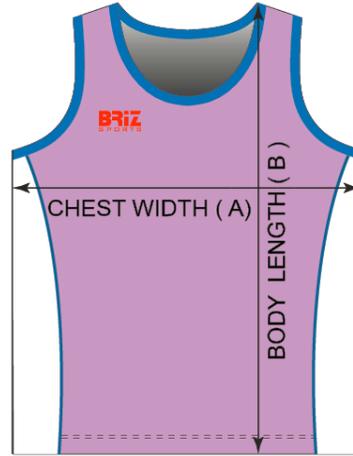
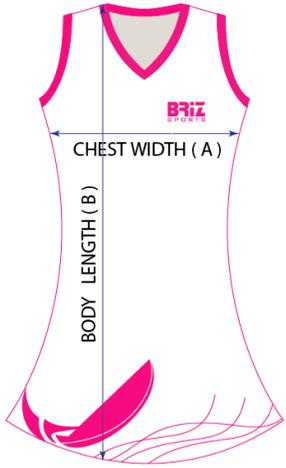


# SIZE CHART



# AFL

## AFL Men's Guernsey/Shorts

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
A	Chest Width	36	38	40	42	44	46	49	51	53	55	57	59	61	63	65
B	Body length	50	53	56	59	62	65	67	69	71	73	75	77	79	80	81
D	Sleeve length	58	61	64	67	70	73	77	79.5	82	84.5	87	89.5	92	94.5	97
C	1/2 Waist WIDTH	24	26	27	28	30	31	32	33	35	36	38	40	41	43	45

## AFL Women's Guernsey

POM	Size(cm)	XS	S	M	L	XL	2XL	3XL	4XL	5XL
A	Chest Width	48	50	54	56	59	61	64	66	68
B	Body length	65	69	71	73	74	76	77	78	79

# Athletics Singlet/ Running Shorts

## Men's Singlet/ Running Shorts

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
MA	Chest width	36	38	39	40	42	44	48	52	54	57	60	62	65	68	70
MB	Length from HSP	46	48	52	56	60	63	65	68	70	72	74	76	78	80	82
C	Shorts 1/2 Waist WIDTH	28	29	30	31	32	33	34	35	36	38	40	42	44	46	48

## Women's Racer back Singlet/ Running Shorts

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
WA	Chest Width	29	31	33	35	37	39	41	43	45	47	49	51	53	55	57
WB	Length from HSP	43	46	49	52	55	58	61	63	65	67	69	71	73	75	77
C	Shorts 1/2 Waist width	26	27.5	29	30.5	32	33.5	35	36.5	38	39.5	41	42.5	44	45.5	47

NB: 1/2 WAIST WIDTH = WAIST WIDTH AS SHOWN IN IMAGE.

## Baseball shirt

### Baseball shirt-short sleeve and baseball pants

POM	Size(cm)	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
A	Chest width	41	42	45	48		50	53	56	59	62	65	68	70	72
B	Body length	60	62	64	70		74	76	78	80	82	84	86	88	90
C	1/2 Waist width				35	37	40	42	45	47	50	52	55		
D	Outseam length				90	93	95	98	100	103	105	107	109		

## Basketball

### Men's Basketball singlet & Basketball shorts

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
MA	Chest width	36	40	42	44	47	49	51	54	57	59	61	64	67	69	72
MB	Body length	45	50	57	60	63	66	70	73	75	76	78	79	81	82	83
C	1/2 Waist WIDTH	26	27	28	29	30	31	32	33	35	36	38	40	41	43	45
D	Outseam length	36	38	40	42	44	46	48	51	53	54	56	58	59	60	61

### Women's Basketball singlet & Basketball shorts

WA	Chest width	33	35	37	39	41	43	45	47	49	51	53	55	57	59	61
WB	Body length	42	45	49	53	57	61	65	67	69	71	73	75	79	81	83
C	1/2 Waist WIDTH	26	27	28	29	30	31	32	33	35	36	38	40	41	43	45
D	Outseam length	36	38	40	42	44	46	48	51	53	54	56	58	59	60	61

### Men's reversible singlet, women's reversible singlet, shorts

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
MA	Chest width		36	40	42	44	46	51	54	57	59	61	64	67	69	72
MB	Body length		51	56	63	65	68	73	80	82	83	84	85	86	87	88
WA	Chest width		37	39	41	43		45	47	49	51	53	55	57	59	61
WB	Body length		60	62	64	66		68	70	72	74	76	78	82	84	86
C	1/2 Waist Width	26	27	28	29	30	31	32	33	35	36	38	40	41	43	45
D	Outseam length	36	38	40	42	44	46	48	51	53	54	56	58	59	60	61

## Cricket

### CRICKET POLO and PANTS

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL
A	Chest Width	36	38	39	40	42	44	48	52	54	57	60	62	65
B	Length from HSP	48	50	54	58	62	65	67	70	72	74	76	78	80
C	1/2 Waist Width	26	28	29	30	32	33	34	35	37	38	40	42	43
D	Pants outseam length	72	76	80	84	88	92	96	100	104	108	112	116	120
E	Shorts outseam length	26	28	30	32	34	36	38	40	42	44	46	48	50

## Crop top and shorts

POM	Size(cm)	XS	S	M	L	XL	2XL	3XL
A	Chest width	33	35	37	39	41	43	45
B	Length from HSP	26	27.5	29	30.5	32	33.5	35
C	shoulder width	3.5	3.5	3.5	3.5	3.5	3.5	3.5
D	Back center	6.5	6.5	6.5	6.5	6.5	6.5	6.5
E	Bottom circumference	62	66	70	74	78	82	86
F	Bottom height	3.5	3.5	3.5	3.5	3.5	3.5	3.5
G	1/2 Waist Width	30	32	34	36	38	40	42
H	Waist height	3.5	3.5	3.5	3.5	3.5	3.5	3.5
I	Length(incl waist)	26	27	28	29	30	31	32

## Field Hockey

### Men's Hockey Jersey/ Sleeve Less

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
MA	Chest Width	35	37	39	42	44	46	48	50	52	54	56	59	62	65	68
MB	Length from HSP	48	50	54	58	62	65	67	70	72	74	76	78	80	82	84

### Women's Hocky suit

POM	Size(cm)	XS	S	M	L	XL	2XL	3XL
A	Chest Width	66	72	76	80	84	88	92
B	CB	81	84	87	90	93	96	99
C	Waist circumference							

## Hoodie

### Hoodie Unisex ( 100% Cotton, Polycotton)

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
A	Chest width	34	37	40	43	46	48	51	53	56	59	62	65	67	70	73
B	Length from HSP	53	55	57	59	61	63	66	68	70	72	75	78	81	84	86
C	Bottom width	26	29	32	35	38	41	44	46	49	52	55	58	61	64	67
E	Sleeve length	58	60	62	64	66	68	70	72	74	76	78	80	81	82	83

## Netball

### NETBALL BODYSUIT

POM	SIZE (cm)	6	8	10	12	XS	S	M	L	XL	2XL	3XL	4XL	5XL
A	Chest Width	33	35	36	38	40	42	44	46	48	50	52	53	55
B	Body length	68	69	71	73	75	77	78	80	82	84	85	86	87
C	Neckline	45	47	49	51	55	58	60	61	62	65	67	69	70
D	Armhole	35	36	37	38	39	40	41	42	43	44	45	46	47
E	Leg opening	44	45	46	47	48	49	51	52	53	54	55	56	57

### A line dress-normal back/Racer back

POM	SIZE (cm)	6	8	10	12	XS	S	M	L	XL	2XL	3XL	4XL	5XL
A	Chest Width	29	32	35	38	41	44	47	50	53	56	59	61	64
B	Body length	67	70	73	76	79	82	85	88	91	94	97	100	103
C	Bikepant 1/2 waist	19	20	20.5	21	23	25	27	28	30	31	32	33	34

## Polo

### Men's POLO

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
MA	Chest Width	36	38	39	40	42	44	48	52	54	57	60	62	65	68	70
MB	Length from HSP	48	50	54	58	62	65	67	70	72	74	76	78	80	82	84
MC	Long sleeve length	39	42	46	51	54	58	60	62	64	66	66	68	68	70	70

## Women's POLO

POM	Size(cm)	6	8	10	12	XS	S	M	L	XL	2XL	3XL	4XL	5XL
WA	Chest Width	40	42	44	46	48	50	52	54	56	58	60	62	64
WB	Length from HSP	61	62	63	64	65	66	67	68	69	70	71	73	75
WC	Long sleeve length	45	46	47	48	49	50	51	52	53	54	55	56	57

## Rugby

### RUGBY UNION/LEAGUE JERSEY

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
A	Chest width	33	35	37	40	42	44	46	48	50	52	54	57	60	63	66
B	Length from HSP	52	54	56	60	64	66	70	72	74	76	78	80	82	84	86

### RUGBY SHORTS

POM	Size(cm)	4	6	8	10	12	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
C	1/2 Waist Width	24	26	27	28	30	32	33	35	36	38	40	41	43	45	47

## SOCCER

### Men's Soccer Jersey, Shorts

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
A	Chest Width	36	38	39	40	42	44	48	52	54	57	60	62	65	68	70
B	Length from HSP	48	50	54	58	62	65	67	70	72	74	76	78	80	82	84
C	1/2 Waist Width	36	40	44	48	52	56	60	64	68	72	76	80	84	88	92
D	Outseam length	26	28	30	32	34	36	38	40	42	44	46	48	50	52	54

### Men's Soccer Jersey/ SLIM FIT

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
MA	Chest Width	35	37	39	42	44	46	48	50	52	54	56	59	62	65	68
MB	Length from HSP	48	50	54	58	62	65	67	70	72	74	76	78	80	82	84

## T SHIRT

### MEN'S T SHIRT

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
MA	Chest Width	36	38	39	40	42	44	48	52	54	57	60	62	65	68	70
MB	Length from HSP	48	50	54	58	62	65	67	70	72	74	76	78	80	82	84
MC	Long sleeve length	39	42	46	51	54	58	60	62	64	66	66	68	68	70	70

### Men's Training T/Warmup T/ SLIM FIT

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
MA	Chest Width	35	37	39	42	44	46	48	50	52	54	56	59	62	65	68
MB	Length from HSP	48	50	54	58	62	65	67	70	72	74	76	78	80	82	84

### Women's T shirt

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
WA	Chest Width	29	31	33	35	37	39	41	43	45	47	49	51	53	55	57
WB	Length from HSP	43	46	49	52	55	58	61	63	65	67	69	71	73	75	77

## Tracksuit

### Track Jacket/ Pant/Cricket pant

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
A	Chest width	41	44	47	50	53	56	58	60	62	64	66	68	70	72	74
B	Length from HSP	50	52	56	60	64	68	70	72	74	76	78	80	82	84	86
	Sleeve length from CB				77	82	84	86	88	90	92	94	97	99	101	103
C	1/2 Waist Width	26	28	29	30	32	33	34	35	37	38	40	42	43	45	46
D	Outseam length	72	76	80	84	88	92	96	100	104	108	112	116	120	124	128

## Touch Football

### Men's Touch Football Singlet/Shorts

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
A	Chest width	35	37	39	41	44	47	50	52	54	56	58	61	64	67	70
B	Length from HSP	46	49	52	56	60	63	66	68	70	72	74	76	78	80	82
C	1/2 Waist Width	24	26	27	28	30	X	32	33	35	36	38	40	41	43	45

## Women's Touch Football Singlet/ Lycra shorts

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
A	Chest width	27	29	31	33	35	37	39	41	43	45	47	49	51	53	55
B	Length from HSP	42	45	48	51	54	57	59	61	63	65	67	69	71	73	75
C	Bikepant 1/2 waist	18	19	20	20.5	21	X	23	25	27	28	30	31	32	33	34

## Tennis

### Men's Tennis POLO

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
MA	Chest Width	36	38	39	40	42	44	48	52	54	57	60	62	65	68	70
MB	Length from HSP	48	50	54	58	62	65	67	70	72	74	76	78	80	82	84
MC	Long sleeve length	39	42	46	51	54	58	60	62	64	66	66	68	68	70	70

### Women's Tennis POLO

POM	Size(cm)	6	8	10	12	XS	S	M	L	XL	2XL	3XL	4XL	5XL
WA	Chest Width	40	42	44	46	48	50	52	54	56	58	60	62	64
WB	Length from HSP	61	62	63	64	65	66	67	68	69	70	71	73	75
WC	Long sleeve length	45	46	47	48	49	50	51	52	53	54	55	56	57

## Volleyball

### Men's Volleyball Sleeve less Jersey/Short Sleeve/ SLIM FIT

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
MA	Chest Width	35	37	39	42	44	46	48	50	52	54	56	59	62	65	68
MB	Length from HSP	48	50	54	58	62	65	68	70	72	74	76	78	80	82	84

### Women's Volleyball Jersey/ Caped Sleeve

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
WA	Chest Width	29	31	33	35	37	39	41	43	45	47	49	51	53	55	57
WB	Length from HSP	43	46	49	52	55	58	61	63	65	67	69	71	73	75	77

### Women's Volleyball Jersey Sleeveless

POM	Size(cm)	4	6	8	10	12	14	XS	S	M	L	XL	2XL	3XL	4XL	5XL
WA	Chest Width	27	29	31	33	35	37	39	41	43	45	47	49	51	53	55
WB	Length from HSP	43	46	49	52	55	58	60	62	64	66	68	70	72	74	76